











# MARCH 2025 - B3 WEST COAST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b> <b>9:30</b> Church Service - with Chaplain Francis	<b>31</b> <b>10:45</b> Fun & Fitness <b>2:15</b> Music Therapy - with Allan <b>3:15</b> Hymn Sing - with Chaplain Francis					<b>1</b> 
<b>2</b> <b>9:30</b> Church Service - with Chaplain Francis	<b>3</b> <b>10:45</b> Fun & Fitness <b>2:15</b> Music Therapy - with Allan <b>3:15</b> Hymn Sing - with Chaplain Francis	<b>4</b> <b>10:45</b> Fun & Fitness <b>2:15</b> Active Games - Balloon Toss <b>3:15</b> Short Stories - On Famous Women	<b>5</b> <b>10:30</b> Creative Arts - with Hamish <b>2:15</b> Word Game - Anagram <b>3:15</b> Crafting - Bunny Ears	<b>6</b> <b>10:45</b> Fun & Fitness <b>2:15</b> <b>Live Music!</b> - with Tony Klazek <b>3:15</b> Lodge Walks - Touching Base	<b>7</b> <b>10:45</b> Fun & Fitness <b>2:15</b> Movie Matinee - Viewers choice <b>3:15</b> Simple Pleasures - Manicures	<b>8</b> 
<b>9 Daylight Savings Spring Forward</b> <b>9:30</b> Church Service - with Chaplain Francis	<b>10</b> <b>10:45</b> Fun & Fitness <b>2:15</b> Music Therapy - with Allan <b>3:15</b> Hymn Sing - with Chaplain Francis	<b>11</b> <b>10:45</b> Fun & Fitness <b>2:15</b> Active Games - Bean Bag Toss <b>3:15</b> Short Stories - Chicken soup for the soul	<b>12</b> <b>10:30</b> Creative Arts - with Hamish <b>2:15</b> Charades - with Gwen <b>3:15</b> Just For Laugh's	<b>13</b> <b>10:45</b> Fun & Fitness <b>2:15</b> <b>Live Music!</b> - with Barry Eaglestone <b>3:15</b> Lodge Walks - Walk and Talk	<b>14</b> <b>10:45</b> Fun & Fitness <b>2:15</b> Movie Matinee - A fish called Wanda <b>3:15</b> Simple Pleasures - Pencil Art	<b>15</b> 
<b>16</b> <b>9:30</b> Church Service - with Chaplain Francis	<b>17 St. Patrick's Day</b> <b>10:45</b> Fun & Fitness <b>2:15</b> Music Therapy - with Allan <b>3:15</b> Hymn Sing - with Chaplain Francis 	<b>18</b>  <b>10:45</b> Fun & Fitness <b>2:15</b> <b>Birthday Party!</b> <b>3:15</b> Short Stories - St. Patrick Apostle of Ireland	<b>19</b> <b>10:30</b> Creative Arts - with Hamish <b>2:15</b> Documentary - Ireland Travels <b>3:15</b> Funny Animal Videos	<b>20</b> <b>10:45</b> Fun & Fitness <b>2:15</b> <b>Live Music!</b> - with Steve Peabody <b>3:15</b> Buddy Walks - and enriching lives	<b>21</b> <b>10:45</b> Fun & Fitness <b>2:15</b> Movie Matinee - Viewers choice <b>3:15</b> Simple Pleasures - Manicures	<b>22</b> 
<b>23</b> <b>9:30</b> Church Service - with Chaplain Francis	<b>24</b> <b>10:45</b> Fun & Fitness <b>2:15</b> Music Therapy - with Allan <b>3:15</b> Hymn Sing - with Chaplain Francis	<b>25</b> <b>10:45</b> Fun & Fitness <b>2:15</b> Cultural Program - with treats <b>3:15</b> Concert - Celine Dion- The Eras Concert	<b>26</b> <b>10:30</b> Creative Arts - with Hamish <b>2:15</b> Sing Along - with Susie Q <b>3:15</b> Documentary - Nostradamus	<b>27</b> <b>10:45</b> Fun & Fitness <b>2:15</b> <b>Live Music!</b> - with Sean McCool <b>3:15</b> Lodge Walks - Touching Base	<b>28</b> <b>10:45</b> Fun & Fitness <b>2:15</b> Movie Matinee - The Black Stallion <b>3:15</b> Simple Pleasures - Hand Massage	<b>29</b> 