














FEBRUARY 2025 - B3 WEST COAST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2 9:30 Church Service - with Chaplain Francis	3 10:45 Fun & Fitness 2:15 Music Therapy - with Allan 3:00 Celebration of Life - with Chaplain Francis	4 10:45 Fun & Fitness 2:15 Active Games - Balloon Toss 3:15 Short Stories - with Hot Chocolate	5 10:30 Creative Arts - with Hamish 2:15 Word Game - Anagram 3:15 Crafting - Valentine cards	6 10:45 Fun & Fitness 2:15 Live Music! - with Barry Eaglestone 3:15 Lodge Walks - Touching Base	7 10:45 Fun & Fitness 2:15 Movie Matinee - Viewers choice 3:15 Simple Pleasures - Manicures	8 
9 9:30 Church Service - with Chaplain Francis	10 10:45 Fun & Fitness 2:15 Music Therapy - with Allan 3:15 Hymn Sing - with Chaplain Francis	11 10:45 Fun & Fitness 2:15 Active Games - Cupid's Toss 3:15 Let's Talk 'Love' - Stories from the heart	12 10:30 Creative Arts - with Hamish 2:15 Sing Along - with Fred 3:15 Just For Laugh's	13 10:45 Fun & Fitness 2:15 Live Music! - with Ron Ogden 3:15 Lodge Walks - Walk and Talk Radio	14  10:45 Fun & Fitness 2:15 Movie Matinee - Letters to Juliet 3:15 Simple Pleasures - Coloring & Valentine's special	15 
16 9:30 Church Service - with Chaplain Francis	17 	18 10:45 Fun & Fitness 2:15 Birthday Party! 3:15 Short Stories - Family travels and adventures	19 10:30 Creative Arts - with Hamish 2:15 Charades - with Gwen 3:15 Funny Animal Video's	20 10:45 Fun & Fitness 2:15 Live Music! - with John Hewson 3:15 Buddy Walks - and enriching lives	21 10:45 Fun & Fitness 2:15 Movie Matinee - Four Weddings and a Funeral 3:15 Simple Pleasures - Manicures	22 
23 9:30 Church Service - with Chaplain Francis	24 10:45 Fun & Fitness 2:15 Music Therapy - with Allan 3:15 Hymn Sing - with Chaplain Francis	25 10:45 Fun & Fitness 2:15 Active Games - Seated Soccer 3:15 Concert - Jonny Cash live Wembley Arena	26 10:30 Creative Arts - with Hamish 2:15 Sing Along - with Fred 3:15 Documentary - Smart Birds	27 10:45 Fun & Fitness 2:15 Live Music! - with Vic & the Jukebox 3:15 Lodge Walks - Touching Base	28 10:45 Fun & Fitness 2:15 Live Music! - with Steve Peabody 3:15 Simple Pleasures - Hand Massage	

* Please check Elevator Poster

Life happens! Activities subject to change