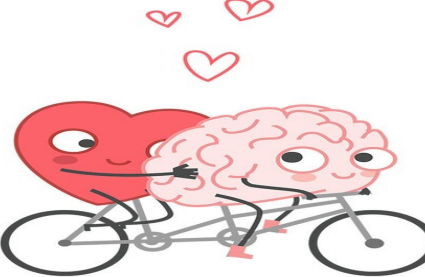

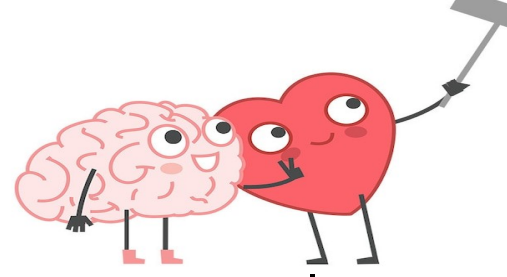







FEBRUARY 2025 - B2 BIRCH LODGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:15 Axe Throwing 11:00 Calendar Delivery With helping hands 2:15 Nail Spa
2 10:30 Church Service with Chaplain Francis	3 10:30 Fun & Fitness 11:00 Good News "News" Oak Room 2:00 Celebration of Life Service	4 10:15 Church Service w/ Chaplain Francis 10:30 Morning Visits 2:15 Happy Hour with Steve Peabody	5 10:30 Creative Arts with Jodie 2:15 Bingo!!! 2:15 Coffee Social	6 10:30 Morning Exercise 11:15 Balloon Volleyball 2:15 Happy Hour with Byron Woods	7 10:30 Valentine Crafts Coloring 11:15 Old wives' Tales 2:15 Nail Spa	8 10:15 Morning Exercise 11:00 Finish The Phrase 2:45 Salsa Dance by Hanna and Sebastian B2 Dining Room
9 Super Bowl 10:30 Church Service with Chaplain Francis	10 10:30 Fun & Fitness 11:00 Good News "News" Oak Room 1:45 Veterans Association Meeting	11 10:15 Church Service w/ Chaplain Francis 10:30 Morning Walk 2:15 Happy Hour with Barry Eaglestone	12 10:30 Valentine's Bingo with HMCS Calgary Oak Room 10:30 Creative Arts with Jodie 2:15 Horse Races	13 10:30 Fit and Fun 11:15 Active Games 2:15 Happy Hour with John Hewson	14 Valentine's Day 10:15 Valentine Trivia 11:15 Chocolate Testing 2:15 Armchair Travel to Paris 	15 10:15 Morning Exercise 11:00 Finish The Phrase 2:15 Langford Guides Girls
16 10:30 Church Service with Chaplain Francis	17 	18 10:15 Church Service w/ Chaplain Francis 10:30 Morning Visits 2:15 Happy Hour with Tony Klazek	19 10:30 Legion Social 10:30 Creative Arts with Jodie 2:15 BIRTHDAY PARTY 	20 10:30 Axe Throwing with CFB Esquimalt 2:15 Happy Hour with Sean McCool	21 10:30 Whiteboard Games 11:15 Finish The Phrase 2:15 Sing Along with Fred	22 10:30 Morning Stretch 11:15 Bowling 2:15 Nail Spa
23 10:30 Church Service with Chaplain Francis	24 10:30 Fun & Fitness 11:00 Good News "News" Oak Room 1:45 Veterans Association Meeting	25 10:15 Church Service w/ Chaplain Francis 10:30 Table Top Games 2:15 Happy Hour with Seabreeze Band	26 Pink Shirt Day 10:30 Creative Arts with Jodie 2:15 Bingo!!! 2:15 Movie View's Choice	27 10:15 Morning Exercise 11:15 Balloon Volleyball 2:15 Happy Hour with Brian Porter	28 10:30 Social coffee with Fun trivia 2:15 Calendar Delivery With helping hands	 Activity Locations Blue: Oak Room Black: B2 Lodge