

OCTOBER 2024 - WEST COAST LODGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:45 Fun & Fitness 2:15 Active Games - Balloon Volleyball 3:15 Colouring & Crafts	2 10:45 Fun & Fitness 2:15 Sing Along - W/ Fred 3:15 Arm Chair Travel - Germany	3 10:45 Fun & Fitness 2:15 Live Music! - Kenan Sweezie 3:15 Lodge Walks	4 10:30 Creative Arts with Hamish 2:15 Movie Matinee - Viewers Choice 3:15 Simple Pleasures - Manicures	5 
6 9:30 Church Service With Chaplain Francis	7 10:45 Fun & Fitness - Balloon Toss 2:15 Music Therapy - w/Allan 3:00 Celebration of Life Service	8 10:45 Fun & Fitness 2:15 Active Games - Axe Throwing 3:15 Book Reading & Spiced Chai	9* 10:45 Fun & Fitness 2:15 Word Games - Anagram 3:15 Music Concert - Tom Jones	10 10:45 Fun & Fitness 2:15 Live Music! - Alyssa Klazek 3:15 Lodge Walks	11* 10:30 Creative Arts with Hamish 2:15 Movie Matinee - Viewers Choice 3:15 Simple Pleasures - Manicures	12 
13 9:30 Church Service With Chaplain Francis	14 	15 10:45 Fun & Fitness 2:15 October Birthday Party!	16 10:45 Fun & Fitness 2:15 Sing Along - W/ Fred 3:15 Documentary - Islands of Europe	17 10:45 Fun & Fitness 2:15 Live Music! - Jesse T Brown 3:15 Garden Time	18 10:30 Veteran Portraits 2:15 Extra Live Music! - Barry Eaglestone 3:15 Simple Pleasures - Colouring & Crafts	19 
20 9:30 Church Service With Chaplain Francis	21 10:45 Fun & Fitness 2:15 Music Therapy - w/Allan 3:15 Hymn Sing	22 10:45 Fun & Fitness 2:15 Active Games - Darts Competition 3:15 Just For Laughs	23 10:45 Fun & Fitness 2:15 Word Games - Longest Word 3:15 Arm Chair Travel - w/Rick Steve	24 10:45 Fun & Fitness 2:15 Live Music! - Vic and the Jukebox 3:15 Lodge Walks	25 10:30 Creative Arts with Hamish 2:15 Movie Matinee - Viewers Choice 3:15 Simple Pleasures - Pumpkin Art	26 
27 9:30 Church Service With Chaplain Francis	28 10:45 Fun & Fitness 2:15 Music Therapy - w/Allan 3:15 Hymn Sing	29 10:45 Fun & Fitness 2:15 Active Games - Pumpkin Toss 3:15 Funny Animal Videos	30 10:45 Fun & Fitness 2:15 Word Games - Word Trivia 3:15 Documentary - The Origins of Halloween	31* Halloween 10:45 Fun & Fitness 2:15 Live Music! - Tony Klazek Halloween Surprise!		

* Please check Elevator Poster

Life happens! Activities subject to change