







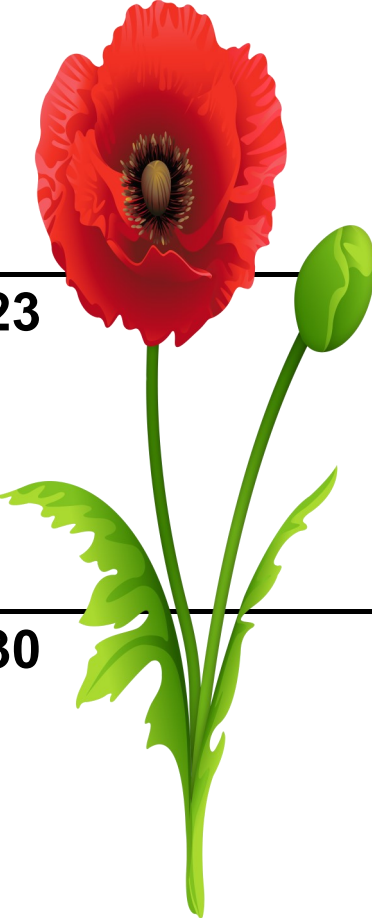


NOVEMBER 2024 - B1 PALM & MAGNOLIA LODGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:30 Creative Arts on Palm South w/ Rosamund	2 
3 Daylight Savings Clocks go back 1 hr. 10:30 Sing Along 11:00 Funny Videos 2:15 Church Service with Chaplain Francis	4 10:00 Bible Study 11:00 One to One Visits 2:15 Horse Races Music Therapy with Allan 10:30 & 3:30	5 Veterans Week Nov 5-11 10:30 Going on an Adventure Exercises 2:15 Making Paper Poppies & Word Scramble	6 * 10:30 Morning Stretches 11:00 Poppies Craft 2:15 Guitar Music with Barry Eaglestone	7 * 10:30 Fun & Fitness w/ Boot Camp Exercises 2:15 Documentary <i>In Desperate Battle: Normandy</i>	8 National Indigenous Veterans Day 10:30 Creative Arts on Palm South w/ Rosamund 10:30 Sing Along with Fred Trudell	9 *
10 10:30 Sing Along 11:00 Poetry for Remembrance 2:15 Church Service with Chaplain Francis	11 * Remembrance Day Service 10:30-12:30	12 10:30 Fun & Fitness 11:00 Balloon Volleyball 2:15 Bean Bag Toss	13 10:30 Morning Stretches 11:00 Kick The Ball 2:15 Guitar Music with Brian Porter	14 10:30 Fun & Fitness w/ Shake the Music 2:15 Mini Golf	15 10:30 Creative Arts on Palm South w/ Rosamund	16 
17 10:30 Sing Along 11:00 Funny Stories 2:15 Church Service with Chaplain Francis	18 10:00 Bible Study 11:00 Lodge Walks 2:15 Bowling Music Therapy with Allan 10:30 & 3:30	19 10:30 Fun & Fitness 11:00 Coloring & Fun 2:15 Birthday Party 	20 10:30 Morning Stretches 11:00 Puzzle & Games 2:15 Piano Music with Byron Woods	21 * 10:30 Fun & Fitness w/ Hand Massage 2:15 Movie Matinee Viewers Choice	22 10:30 Creative Arts on Palm South w/ Rosamund 10:30 Sing Along with Fred Trudell	23 
24 10:30 Sing Along 11:00 One to One Visits 2:15 Church Service with Chaplain Francis	25 10:00 Bible Study 11:00 Lodge Walks 2:15 Axe Throwing Music Therapy with Allan 10:30 & 3:30	26 10:30 Fun & Fitness 11:00 Balloon Toss 2:15 Documentary Indian Culture & Traditions with Chai & Treats	27 10:30 Morning Stretches 11:00 Ball Toss 2:15 Piano Music with Val Turner	28 10:30 Fun & Fitness 11:00 Coloring & Crafts 2:15 Manicure & Spa	29 10:30 Creative Arts on Palm South w/ Rosamund	30

* Please check Elevator Poster

Life happens! Activities subject to change