

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2024

## 1<sup>st</sup> Floor Calendar

				1 10:30 Fitness, Stretch & Strength <b>1:00 Guitarist Alyssa</b> 6:00 Watching the Symphony	2 10:30 White Board Games 1:15 Tissue Paper Flowers 6:00 Documentaries	3 10:30 Hand Spa 1:15 Fruit Flavors 6:00 Manicures
4 10:30 Coffee Social 1:15 Balloon Ping Pong 6:00 One-on-ones	5 10:30 White Board Games 1:15 Ice Cream Fruit Punch 6:00 Short Stories	6 10:30 Olympics Trivia 1:15 Basketball 6:00 Classic Movies	7 10:30 Reading & Reminiscing 1:15 Olympics Bean Bag Toss 6:00 Coloring	8 10:30 Fitness, Stretch & Strength 1:15 France Armchair Travel 6:00 Watching the Symphony	9 10:30 Trivia & Word Games 1:15 Javelin 6:00 Watching the Olympics	10 10:30 Reading & Reminiscing 1:15 Music Sing-a-long 6:00 Documentaries
11 10:30 Garden Visit 1:15 Balloon Toss 6:00 Reminiscing	12 10:30 Creative Crafts with Mary 1:00 <b>Bart Hoen Entertainment!</b> 6:00 Watching Sports	13 10:30 Coffee Social 1:15 Candle Making 6:00 Classic Movies	14 10:30 Reading & Reminiscing 1:15 Grocery Scavenger Hunt 6:00 One-on-ones	15 10:30 Fitness, Stretch & Strength <b>1:00 Lado Strings</b> 6:00 Watching the Symphony <b>HAPPY BIRTHDAY Mary Beth &amp; Zeki!!</b>	16 10:30 White Board Games 1:15 Balloon Toss 6:00 Social Gathering	17 10:30 Exfoliating Hand Spas 1:15 No Bake Desserts 6:00 Manicures
18 10:30 Coffee Social 1:15 Air Hockey 6:00 One-on-ones	19 10:30 Creative Crafts with Mary 1:15 Bocce Ball 6:00 Short Stories <b>HAPPY BIRTHDAY Tom!!</b>	20 10:30 Trivia & Rhyme Time 1:15 Sponge Painting 6:00 Classic Movies	21 10:30 Reading & Reminiscing 1:15 Golfing 6:00 Coloring	22 10:30 Fitness, Stretch & Strength 1:15 Sunflower Crafting 6:00 Watching the Symphony	23 10:30 Trivia & Word Games 1:15 Balloon Ping Pong 6:00 Documentaries	24 10:30 Music Sing-a-long 1:15 Table Top Games 6:00 Planet Earth
25 10:30 Garden Visit 1:15 Matching Games 6:00 Reminiscing	26 10:30 Creative Crafts with Mary 1:15 Golfing 6:00 Watching Sports <b>HAPPY BIRTHDAY Peter!!</b>	27 10:30 Coffee Social 1:15 Trivia & Rhyming 6:00 Classic Movies	28 10:30 Reading & Reminiscing 1:15 Gardening 6:00 One-on-ones	29 10:30 Fitness, Stretch & Strength 1:15 Minute to Win it 6:00 Watching the Symphony	30 10:30 White Board Games 1:15 Stained Glass 6:00 Social Gathering	31 10:30 Exfoliating Hand Spas 1:15 Balloon Toss 6:00 Documentaries

Life Happens – Activities Subject to Change

Happy Hour ☺ Monday – Saturday 3:30- 4:30 (2<sup>nd</sup> Floor)