

# NOVEMBER 2023 - COTTAGE GARDEN LODGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				<b>1</b> <b>10:15 Ladies Nail Painting</b>  <b>2:15 Bingo</b> A1 Dinning Room	<b>2 Mexico's Day Of The Dead</b> <b>10:15 Coloring and Painting</b> <b>2:15 Happy Hour w/ Concerts In Care</b>	<b>3</b> <b>10:30 Fun &amp; Fitness</b> <b>11:00 Good News</b> "News" Oak Room  <b>2:15 A3 Uno Group</b>	<b>4</b> <b>10:15 Finish The Line</b> <b>10:30 Word Games</b>  <b>2:15 Scrabble/Puzzles</b>
<b>5 DAYLIGHT SAVINGS CLOCKS BACK 1 HR. Veterans Week 5-11</b>  <b>10:00 Church Service</b> with Chaplain Francis	<b>6</b> <b>10:30 Fun &amp;, Fitness</b> <b>11:15 Good News</b> "News" Oak Room <b>2:15 Creative Arts w/ Hamish</b>	<b>7</b> <b>10:15 Church Service</b> w/ Chaplain Francis <b>2:15 Happy Hour w/ Val Turner</b> <b>War Time Sing Along</b>	<b>8 National Indigenous Remembrance Day</b> <b>10:15 Word Games</b>  <b>2:15 Basic Training</b> Over The Years Oak Room	<b>9</b> <b>11:00 Military Bingo w/ CFB. ESQ Naden Band</b>  <b>2:15 Happy Hour w/ Wee Big Band</b>	<b>10</b> <b>10:15 Basic Boot Camp Training</b>  <b>2:15 A3 Uno Group</b>	<b>11 REMEMBRANCE DAY</b> <b>10:30 Service A3</b> <b>1:45 Pipe Band In The Upper Parking Lot</b>	
<b>12 Diwali</b>  <b>10:00 Church Service</b> with Chaplain Francis	<b>13</b> <b>2:15 Creative Arts w/ Hamish</b>	<b>14</b> <b>10:15 Church Service</b> w/ Chaplain Francis <b>2:15 Happy Hour w/ Jean Bedard Guitar</b>	<b>15</b> <b>10:15 Ladies Nail Painting</b>  <b>2:15 A3 November Birthday Celebration</b>	<b>16</b> <b>10:15 Paper Crafts</b>  <b>2:15 Happy Hour w/ Stan Davis Musical Theater Style Singing</b>	<b>17</b> <b>10:30 Concerts In Care</b> Elyssa Smith (Violin) Maria Wang (Cellist)  <b>2:15 A3 Uno Group</b>	<b>18</b> <b>10:15 Finish The Line</b> <b>10:30 Word Games</b>  <b>2:15 Scrabble/Puzzles</b>	
<b>19</b> <b>10:00 Church Service</b> with Chaplain Francis	<b>20 Canadian History Week 20-25</b> <b>10:30 Fun &amp;, Fitness</b> <b>11:15 Good News</b> "News" Oak Room <b>2:15 Creative Arts w/ Hamish</b>	<b>21</b> <b>10:15 Church Service</b> w/ Chaplain Francis <b>2:15 Happy Hour w/ Barry Eaglestone Guitar</b>	<b>22</b> <b>10:15 How It was Made Documentary</b>  <b>2:15 Loonie Bingo!!!</b> Oak Room	<b>23</b> <b>10:15 Coloring and Painting</b> <b>2:15 Happy Hour w/ Tony Klazek Piano</b>	<b>24 Black Friday</b> <b>10:15 Chair Yoga And Meditation</b>  <b>2:15 A3 Uno Group</b>	<b>25</b> <b>10:15 Finish The Line</b> <b>10:30 Word Games</b>  <b>2:15 Pie Tasting with Ice cream</b>	
<b>26</b> <b>10:00 Church Service</b> with Chaplain Francis	<b>27</b> <b>10:30 Fun &amp;, Fitness</b> <b>11:15 Good News</b> "News" Oak Room <b>2:15 Creative Arts w/ Hamish</b>	<b>28</b> <b>10:15 Church Service</b> w/ Chaplain Francis <b>2:15 Happy Hour w/ Jesse T. Brown Piano</b>	<b>29</b> <b>10:15 Ladies Nail Painting</b>  <b>2:15 Bingo!!!</b> Oak Room	<b>30</b> <b>10:15 Door Decorating Prep For X-Mas</b>  <b>2:15 Happy Hour w/ Steve Peabody</b>			