

Moments

News on how donors like you make every moment matter

Aime, resident at the
Veteran's Memorial Lodge
at Broadmead



*Thanks to you
Aime is smiling
again*

Fall 2018



BROADMEAD CARE
Exceptional Care. Exceptional People.



Music lets Aime “forget” dementia

Meet a veteran you make come alive

Boredom and isolation are a problem for lots of older people, but it's particularly difficult if they are also struggling with dementia. Gradually, their world becomes smaller and more lonely with less communication, leaving family members feeling helpless and heartbroken about the loss of the vibrant person they used to know.

Veteran Aime Colonval was an example of a resident with little joy left in his life before moving to Broadmead Care a couple years ago. But thanks to the Music & Memory program you help fund at his home, the Veteran's Memorial Lodge at Broadmead, things have changed a lot for him!

The program you make possible has become a daily highlight in Aime's life. It connects him with what he loves, makes him feel part of a group, and stimulates precious memory.

“ We are so grateful to all of you who help so that music can be a big part of Aime's life again. The music is what he looks forward to every day. ”

- Tony Klazek, brother of Aime's son-in-law

There are a lot of great musical memories to be triggered for Aime and a look at his room is proof of his passion. There is the little harmonica on the table that used to travel with him at all times during the wars. There are pictures on the wall showing him surrounded by violins he built himself. There are musical notes spread all over the wall!



When Aime (to the right) gets to play music with Susan and Tony, his memory and joy are unlimited!



Your gifts bring music & memories!

With space for music being so available in the family-like environment at the Lodge, Aime's daughter Susan and Aime's son-in-law's brother Tony decided to take it a step further: After the Music and Memory program, they often come in to jam for a little while – with Aime playing one of his harmonicas, Susan the violin, Tony the piano, and as many residents as are drawn to being a grateful audience!

This is when Aime seems to forget dementia entirely and truly comes alive. No matter what tune Susan or Tony start, it doesn't take him more than a few notes to play along. Aime doesn't speak much, but between songs these words often come across his lips with great joy and excitement: "We need a bigger audience!"

“It's amazing, I get to have my full Dad back in these moments, as if nothing ever happened. He's got this big smile on his face and is able to socialize and interact again.”

- Susan Colonval, Aime's daughter

"Making music really stimulates his brain and energizes him. He loves it when people like to hear him", says Susan. "There's nothing like seeing him light up when he gets to share his music."



A look at Aime's wall expresses better than a thousand words what a music program means to someone like him.

It is only Aime's physical and not his mental capacity that sets the limit for the jam. But even when he gets tired and goes to rest in his room, happy notes may still be dancing through his dreams and touching his heart.

Thank you so much for making moments matter for residents like Aime.

We still need your help!

Music & Memory is not funded by the government. We need your ongoing help to keep it running. Your kindness transforms the lives of residents with dementia by providing the Music & Memory program!



Thank you for giving hope

Free bike rides touch lives, one ride at a time

New friends, hope and inspiration for Vinnie – because of you!

Nigel House residents can now enjoy free bike rides thanks to your generous support of the activity program, the amazing volunteers, and Mountain Equipment Co-op's gift of a new "Trishaw" passenger bike.

This was great news for residents like Vinnie. Like most Nigel House residents, he has little to no access to life experiences that most of us take for granted, like close relationships, friends, excursions or hobbies.

A front seat for you, wonderful donors!

Join a Nigel House resident in the front seat. You're welcome rain or shine - Trishaws come equipped with a roof-on-demand and a warm, rain-proof blanket. Contact Shannon. Donnelly@broadmeadcare.com



Vinnie and his pilot, Larry, in front of the mural Vinnie painted years ago. You're bringing back old memories and creating new inspiration for Vinnie!

When Vinnie got to choose the destination for his first bike ride, he didn't think twice: the mural on the Galloping Goose trail. Why? Because it was Vinnie who painted it 12 years ago upon request of the city council. But he hadn't been back ever since!

“Thank you so much, I hadn't seen my mural in 12 years!”

- Vinnie, Nigel House resident

Apart from being out in nature and sightseeing, the conversations and the friendship are the best part of the ride. For Vinnie, it brought back memories and sparked new inspiration. “That will make a really nice painting!”, he said at more than one of the scenic stops.

Thank you for your generous help, everyone!

Nigel House is the home for adults between the ages of 19 and 55 with severe physical and/or mental health challenges.

You are making their dream of a better life come true through the Nigel House Replacement project. The approval process for the new Nigel House is making good progress.

Watch the video

about the new home for Nigel House residents:



www.broadmeadcare.com



Hugh's legacy gift keeps residents moving

The former volunteer's great life story continues

Legacy is where your life story continues. Former volunteer Hugh Morton's story is all about helping others move. He left a generous legacy gift so that the meaningful impact he had on so many lives at Broadmead Care can continue.

Hugh had been a volunteer for nine years when he passed away earlier this year. His connection with Broadmead Care began when his Dad - a physiotherapist - moved into the Veteran's Memorial Lodge



Hugh Morton, a passionate giver with a huge heart who will always be remembered.

at Broadmead. It didn't take Hugh long to join the volunteer team and generously dedicate his time and energy to help residents walk again.

Just like you, Hugh was clear many years ago that he wanted his passion to be his living legacy. He consulted with his brother Peter who set up a legacy trust account. Every three years, it sends a gift to Broadmead Care for exercise equipment.

Thanks to Hugh's and the family's thoughtfulness and kindness, residents at the Lodge will soon be able to build new strength on a brand new Motomed exercise bike. Hugh's great life story continues!



Thanks to Hugh's legacy gift, residents will build new strength on a brand new exercise bike - just like the one Nigel House resident Simon is using here.

“As a volunteer, Hugh gave his time and himself to help others walk again. His great impact continues through his legacy gift.”

- Therapy Assistant Milan Stojkovic who worked with Hugh for nine years.

Download the free legacy giving brochure at www.broadmeadcare.com under Donate/Gifts-in-your-will and learn more about ways to leave a legacy. Together, we can help you share YOUR heart and passion into the future.



You captured 50 hearts!

Inside a chicken hatching journey

Thanks to the generosity of grateful family members Chris and Stan Vuksic and kind donors like you, Rest Haven Lodge was transformed into one happy and excited chicken-caring family for an entire month this summer. Residents' communication, connection and self-expression may often be limited, but your kind gifts from the heart have the power to bring it all out again!

The chicken-hatching journey began when Chris and Stan were thinking about ways to give back to Rest Haven Lodge. "This is a great place that really created a family for my Mom and for us", said Chris.

"We wanted to give back to Rest Haven Lodge because it created a family for my Mom and for us."

- Stan and Chris Vuksic



You transformed Rest Haven Lodge into one happy chicken-caring family! Residents Elaine, Sandra and Jack (left to right) and staff Casey and June observe the babies.

Soon, the idea of bringing chicken eggs from their farm to the Lodge for hatching was born.

Upon arrival of the incubator with the eggs, the residents got

engaged right away. The incubator needed close monitoring, fresh water and a temperature check several times a day.

Resident Ken kept observing the incubator with great anticipation every day. Everyone had a job, and how exciting it was to wait for the first crack!

With the hatching of the first chick, Fluffy, and his "siblings" Oscar, Scott, Pengo and Bossy soon after, the residents were transformed. "How can a little baby chick not melt your heart? When you see them, you forget all your problems", said Activity Manager Jocelyn. Mesmerized by the fluffy little beings, the residents forgot all about their troubles indeed and just fell in love.





Thank you so much for your kindness

Here are just some examples how because of you, the baby chicks captured the hearts of the residents:



"Can you bring that closer to me?"

...asked Elly. She can't use her hands and has very little sensory experience in her life. What a precious moment of connection and sweetness you brought to Elly when she got to feel the soft fluffy body of the baby chick touching her face!



"He likes me!"

...said Charmaine over and over again when Pengo kept seeking out her hand to rest his little face between her knuckles. The two of them seemed to have an amazing little bond, making Charmaine feel valued.



"This reminds me of my own chicken farm!"

...said Jack while holding a chick close to his heart. Jack doesn't speak much, but with the baby triggering a lot of memories he began to share his chicken farming expertise.



"Feel the warmth! It's so fluffy! I love animals!"

...said Rosemary when it was her turn to hold a chick. Rosemary is blind. She deeply enjoyed touching and feeling the baby.

Explore the new Grateful Family Program!

Gratitude is a powerful expression of the heart. Find out what you can do under donate/grateful family program on www.broadmeadcare.com

The babies stayed for three weeks, but the love affair you made possible goes on. The residents will soon go on a scenic trip to visit the chicks and explore their home farm.

So much joy, because of you!

Thank you so much to Chris and Stan for the special gift! Thank you to all you donors – only because of you can we have an activity manager organize events that make such a big difference.

But we need your ongoing help to keep the programs staffed!



Your donations make the difference

Why Dorothy volunteers

When Dorothy Adam first joined Beckley Farm Lodge as a volunteer, she thought she'd do it for a couple years. But she couldn't have been more wrong!

After 21 years of volunteering, a tour through the Lodge is like a tour through Dorothy's amazing history as a fundraising volunteer. Audio equipment, furniture, the pictures on the wall, the pagoda in the garden, and even the bus that takes clients and residents out on excursions: Dorothy spearheaded the fundraising for everything.

It all began when her mom was a resident. Dorothy was missing the artwork on the walls that would make the house a home and asked the site manager about it.

This is how she learned that the government funding doesn't cover everything.

“Anything ‘extra’ that adds to the well-being of the residents needs to be earned through donations.”

- Dorothy Adam

“I had no idea about this before, but when I found out I was ‘in’ immediately as a fundraising volunteer.”

What kept her doing it for so long? “It feels great to make a difference”, she says. “The other thing that kept me going is the great team. Being a volunteer is like joining a caring family. I’ve developed beautiful new friendships for life here.”

Thank you so much, Dorothy, for your big heart and your remarkable service and dedication!



Dorothy's generous gifts of time and talent gave clients and residents this tour bus and much more. “What's kept me for so long is the difference we make and that we're a truly great team.”

Join our family as a volunteer!

Go to the volunteer tab on www.broadmeadcare.com or talk to a site manager.

Thank you for making every moment matter and supporting the vision and mission:

To help build a caring society where people of all ages and abilities live to their full potential, by providing excellent health, social and housing services for seniors, veterans and older adults.

Do you have questions on how to make a difference, or ideas you'd like to share? We'd love to hear from you!

Mandy Parker
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**THE VETERANS MEMORIAL LODGE AT BROADMEAD | NIGEL PROGRAM FOR ADULTS WITH DISABILITIES
VETERANS HEALTH CENTRE | BETTER AT HOME | BECKLEY FARM LODGE | REST HAVEN LODGE**

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