



## ACTIVITIES

- A daily exercise program, adapted for those with various mobility and health concerns, is offered. All clients are encouraged to participate as they are able.
- Music and entertainment includes onsite concerts as well as other performances.
- Cards, board games, and active games are provided to challenge the mind and body. These include crosswords, history quizzes, team Scrabble, mental aerobics, cribbage, darts, bingo, and much more.
- Arts and crafts activities are offered, such as découpage, paper mâché or other activities that engage mind and body.
- Gardening programs are offered at some sites to help increase mobility in hands and wrists – and adds beauty to our grounds!
- Guest speakers who present on topics of interest are scheduled regularly. Subject matters are varied, and talks are structured appropriately for the audience.

Everyone is encouraged to share their interests and hobbies, and to tell staff of any activities they would like incorporated into the Adult Day Program.

Day programs make a difference in the lives of seniors who live in their own homes. Activities are designed to engage both body and mind, in an environment in which all can experience the joy of living, with wellbeing and happiness. These programs can also provide a period of planned respite for the caregiver.

Read more inside!

## CONTACT US

### BECKLEY FARM LODGE

530 Simcoe Street | Victoria BC | V8V 4W4  
(250) 381-4421, Ext. 234

### REST HAVEN LODGE

2281 Mills Road | Sidney BC | V8L 2C3  
(250) 656-0717, Ext. 454

### VETERANS MEMORIAL LODGE

4579 Chatterton Way | Victoria BC | V8X 4Y7  
(250) 658-3289

**Broadmead Care**  
4579 Chatterton Way  
Victoria BC V8X 4Y7  
Tel: 250.658.0311  
[www.broadmeadcare.com](http://www.broadmeadcare.com)

Broadmead Care Society is a registered charity.  
#129290383 RR0001



# Broadmead Care Adult Day Programs

Serving seniors in our communities.

## WELCOME

Broadmead Care is pleased to offer a comprehensive and diverse program of social, recreational, and therapeutic programs to those who attend our Adult Day Program.

The goal of these programs is to create environments in which all can experience wellbeing and happiness; exercise mind and body; interact with others; and reduce the isolation and loneliness sometimes experienced by seniors living in their own homes.

Access to our Adult Day Programs is by referral through Island Health. Please visit their website at [www.islandhealth.ca](http://www.islandhealth.ca) for more information or to apply for a place in one of our Programs.

## HOURS

Adult Day Program hours vary by location. Please contact the Care Home you're interested in for their hours of operation. Contact information is on the back page of this brochure.

## TRANSPORTATION

Broadmead Care has wheelchair accessible buses and regular vans available to pick up clients who live in proximity to one of the programs. The round trip cost is \$5 each day used, and is billed monthly.

Depending on the program there may be a transition to HandyDART's accessible transportation services. The ADP team can help you register for the service. Tickets may be purchased from the driver, or the cost can be added to your invoice.



## FUNDING AND COST

Our Adult Day Programs are funded by Island Health, which subsidizes the costs for each person who attends. Clients pay a nominal \$5 fee each day they attend to cover costs of meals, billed monthly.

It is important to ensure that other appointments are not made on the day you're scheduled to attend the Adult Day Program. We ask that you notify us in advance of any planned absences, so an alternate date may be provided.

Billing statements will be issued monthly that cover the prior month's attendance. If you use our transportation, these charges will also appear on the monthly bill. You will not be billed for dates you do not attend the Program.

## MEALS

A hot meal is provided to all clients. As well, refreshments and snacks are provided.

## SUPPORT GROUPS

The team recognizes that assisting people to remain in their home can be challenging. We offer support groups for caregivers to talk about challenges and joys, as well as to provide education about the kinds of external support and services that are available.

Each program has a registered social worker who is available to you for added support.

## EMERGENCIES

Staff are trained to follow established procedures for safety and security in the event of an emergency. We maintain records pertaining to our clients so staff are best able to meet everyone's needs during an emergency situation.

If you have a medical emergency while participating in our Adult Day Program, a Nurse will respond. If necessary, an ambulance will be called, and your emergency contact person will be notified.

## YOUR RESPONSIBILITIES

1. Maintain regular attendance on a predetermined day.
2. Inform the Adult Day Program when you are unable to attend, in advance if possible.
3. Pay user and transportation fees on a monthly basis.
4. Give feedback about programming or services, and discuss issues of concern with our staff.
5. Provide your own medication in appropriately labelled containers.
6. Demonstrate respect for fellow clients, staff, and volunteers.
7. Do not attend the program if you are not feeling well.

