


SEPTEMBER 2018 OAK ROOM PROGRAMS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Oak Room Program Times Music 2:15-3:15 Tea 2:30-3:15 Bar 2:30-3:15</p>		<p>It's not the years in your life that count. It's the life in your years! <small>(Abe Lincoln)</small></p>				<p>1 10:30 School Days Reminisce 2:15 Music ~ Jim McLennan on Piano</p>
<p>2 10:30 Hymn Sing 2:15 Piano Music with Jennifer and a visit with Millie the Dog</p>	<p>3 Labour Day 2:15 Music with Meike & Don</p>	<p>4  10:15 News & Views 2:00 The Butterfly Effect~ Art Project in the OakRoom Room A level</p>	<p>5 10:30 Chair Dancing with Joanne Cuffe 2:15 Music with Just Jack</p>	<p>6  10:30 BINGO! 2:15 Music with Brenda Porter</p>	<p>7 10:30 Shuffleboard 1:30 Memorial Gathering 2:15 Music with Eugene Shifrin</p>	<p>8 10:30 Crossword Puzzles 2:15 Music with Mieke S. & Don</p>
<p>9 10:30 Hymn Sing 2:15 Music with The Swing-a-longs</p>	<p>10 10:30 Discussion Group 2:15 Music with Canadian Suite Duo</p>	<p>11 10:15 Mentla Aerobics 11:00 Interdenominational Church Service 2:15 Music with Jean Bedard</p>	<p>12 10:30 Body & Brain Fitness 2:15 Music with Ron Ogden</p>	<p>13 10:30 BINGO 2:15 Music with Guy Marchi</p>	<p>14 10:30 Bowling 2:15 Music Val Turner</p>	<p>15 10:30 Sign Along with Katie, 2:15 Accordion Music with Ken Beattie</p>
<p>16 10:30 Hymn Sing 2:15 Music with Vic Gnaedinger</p>	<p>17 10:30 Discussion Group 2:15 Music with Jesse Thomas Brown</p>	<p>18  10:15 Mind and Body Fit 11:00 United Church Service 2:15 Music ~ Rosie B.</p>	<p>19 10:30 Chair Dancing with Joanne Cuff 2:15 Birthday Party with The Gypsy Rovers</p>	<p>20 10:30 LEGION SOCIAL 2:15 Music with Cheryl Prestie</p>	<p>21 10:30 Golf Putting Course 2:15 Music with Bonnie Duncan</p>	<p>22 10:30 Apple Season Trivia and Word Games 2:15 Music with Steve L. and Sheri B.</p>
<p>23 10:30 Hymn Sing 2:15 Piano Music with Audrey Wainwrite</p>	<p>24 10:30 Discussion Group 2:15 Music with Two Among Friends</p>	<p>25  10:15 News & Views 2:15 Music with Steve Peabody</p>	<p>26 10:30 Body & Brain Fitness 2:15 Peter Hinton and Barbara Morres Concerts in Care</p>	<p>27 10:30 BINGO 2:15 Music with Amy Nold</p>	<p>28 10:30 Circle Games 2:15 Music with Bob Meikle</p>	<p>29 10:30 Chair Exercises and Volleyball 2:15- Music with Doug Patterson</p>
<p>30 10:30 Hymn Sing 2:15 Music with Mark Davies</p>						